## **SOPHIE MEARNS**

## **CSR B Candidate**

Hello, I am Sophie Mearns! I am 20 years old, originally from Fife, Scotland. I am currently in my fourth year studying Neuroscience at Glasgow. You'll normally find me stressing in the library or at the gym lifting weights trying to distract myself from the stress:]] I went travelling during the summer which helped me gain confidence about taking on new things, I also had the best time. I have been a QMU freshers' helper for the past two years and want to get more involved for my final year.



I am running for the position of Current Student Representative B [6 months]. I have been a member of the QMU for 2 years, during freshers' week my team won team of the year last year and I won best photographer this year. If I was elected, I aim to promote accessible events for everyone to enjoy, ensuring there is always an event that every student feels comfortable attending. To achieve this, I will support the welfare committee and contribute my ideas for creating a variety of events tailored to the preference of the students. Create a questionnaire to be sent out to all QMU members, to understand what members would benefit from, for example non-drinking events, wellbeing events, destress activities or opportunities to get together with other students that may be feeling stressed or overwhelmed by the workload at university. Gaining a wider understanding of what members would benefit from will make the events more successful and beneficial to all, with the main aim to bring students together to share experiences and relate to others.